

# KIT LIST

Remember to tell your school about any medical issues or dietary requirements.

- Large Rucksack, or bag/ suitcase
- Warm sleeping bag & pillow, or duvet & pillow
- Blanket (optional dependent on weather)
- Pyjamas
- Tracksuit bottoms/ trousers/ leggings (jeans not recommended)
- T-Shirts
- Warm Jumper(s) / Fleece(s)
- Suitable amount of underwear and warm socks
- Walking Boots / Old Trainers
- Old pair of trainers to wear in lake (only if rafting)
- Towel (x2 if rafting)
- Wash bag (toothbrush, toothpaste, flannel & face wipes)
- Waterproof coat and warm hat & gloves
- Water Bottle—labelled with child's name
- Torch (optional)
- Insect Repellent/ sunscreen
- Any Medication your Child needs
- Pocket money for gift shop (optional) £5-10
- Face mask (will only be needed if first aid is administered)
- Pocket sized hand sanitiser (optional)

Don't forget  
to pack your  
teddy!